

Registration Information Package Spring 2017 Season

April 3rd to May 27th 2017

Welcome to the Markham Skating Club's spring season. Sanctioned by Skate Canada, we offer a wide range of top quality programs. From "learn to skate" programs to adult lessons, and Performance Enrichment to Power Skating, we strive to offer something for everyone. Our ultimate mission is to inspire a life long love for the sport of skating.

Spring sessions are held at the Mount Joy Arena

(North side of 16th Avenue, just east of Hwy 48; enter beside St. Brother André Catholic High School).

REGISTRATION OPENS ONLINE AND IN PERSON ON February 21ST at 6pm LINK TO ONLINE REGISTRATION FROM OUR WEBSITE: www.markhamskatingclub.com

If you prefer to pay by cash or cheque, or if you need help with the online process, registrations will be taken in person at the Markham Village Arena lobby on **February 21**st (6-8pm), and during regular office hours (see below).

After registration has begun, in-person registrations will continue to be accepted during office hours.

We are closed Monday February 20th for Family Day.

Office Hours until April 1st:

Monday: 10:00am-3:00pm

Tuesday: 10:00am-3:00pm & 7:30pm-9:30pm

Wednesday: closed

Thursday: 10:00am-3:00pm & 5:00pm-7:30pm

Friday: 6:00pm-8:00pm **Saturday:** 9:00am-1:00pm

Office Hours April 3rd - May 27th

Mondays: 12:00pm-5:00pm at Markham Village Tuesdays: 10:00am-3:00pm at Markham Village Wednesdays: 5:30pm-6:30pm at Mount Joy

Thursdays: 10:00am-3:00pm at Markham Village & 5:30pm-7:30pm at Mount Joy

Fridays: 5:30pm-8:00pm at Mount Joy **Saturdays:** 9:00am-12:30pm at Mount Joy

No registrations will be accepted prior to February 21st at 6pm.
All registrations are processed on a first-come, first-served basis.

Sessions fill quickly. Register early to ensure you obtain space in your preferred sessions.





PROGRAMS AND QUALIFICATIONS

Individuals must be registered in the full program and must skate at their scheduled time each week; drop-ins to other sessions cannot be accommodated.

Skaters must have met the criteria for their selected program as of February 1, 2017.

Pre-CanSkate

Pre-CanSkate (previously known as KidSkate) is an introductory session taught by professional coaches. It is taught in a flexible manner and is designed to be an enjoyable time for preschool children (ages 3-5) while they learn the fundamentals of skating. Pre-CanSkate precedes the beginner skating program, CanSkate. **CSA-approved helmets are mandatory. Skate guards are also mandatory and must be worn at all times when skaters are not on the ice.**

CanSkate

CanSkate is a beginner program for skaters aged 5 and up who are able to stand up and move around competently on the ice. Our coaches work hard to ensure a fun time with 30 minutes of group instruction per session and an exceptionally low skater-to-coach ratio. Ribbons and badges are awarded as skaters master the fundamentals to prepare for success in more advanced Skate Canada programs. **CSA-approved helmets are mandatory through CanSkate Stage 5. Skate guards are also mandatory and must always be worn when skaters are not on the ice.**

STARSkate

STARSkate programs (Intermediate, Senior, Advanced, Silver/Gold) afford skaters the opportunity to develop their figure skating in the areas of ice dance, skating skills, free skate and interpretive skating. Skaters may take tests through Skate Canada's nationally standardized testing system, but testing is not mandatory. Skaters who have mastered figure skating skills in STARSkate may choose to pursue synchronized or pairs skating, enter competitions, become involved in judging and more. All STARSkate levels include a stroking session at the start of each session.

Intermediate Qualification: passed CanSkate Stage 6. Includes a 15-minute group lesson. Although additional private coaching is not mandatory, it is highly recommended at this level; coaching must be arranged directly with the coach of your choice. Private coaching cannot be arranged through the office.

Senior Qualification: passed any complete preliminary test (e.g. Dance, Skills or Freeskate). Additional private coaching is mandatory at or above this level.

Advanced Qualification: passed any 3 of the following 4: Preliminary Freeskate, Junior Bronze Freeskate, Senior Bronze Dances, Senior Bronze Skills.

Silver/Gold Qualification: passed any 2 of the following 3: Sr. Bronze Freeskate, Jr. Silver Skills, Jr. Silver Dances.

Adult/Teen

Adult/Teen sessions offer a fun, non-judgmental environment for those aged 13 and up to improve basic skating skills or maintain more advanced skills. Helmets are mandatory for skaters who are just learning, or who have not passed the equivalent of CanSkate level 5. **If you are unsure of your level, bring a helmet to the first session and our coaches will assess your level.**

Performance Enrichment

edges, stamina, skill and form. Before enrolling in PEP, all skaters must consult with their coach to ensure this program is appropriate for their skill level. Participants must be at the Intermediate level or higher, and must also skate a minimum of one other session per week at MSC. Skaters in this program are coached throughout the entire session.



Power Skating

CanPower programs are a great next step for skaters who have completed CanSkate 5 or 6 and prefer not to pursue figure skating. These are NOT "learn to skate" programs. Power programs are designed to build strong, comprehensive skating skills for new and experienced hockey and ringette players, and are led by coaches with over 30 years' experience in power skating. Focus is placed on edge quality and control, body alignment and balance. A variety of stopping, starting and turning exercises will challenge the skaters both physically and mentally, helping to develop better on-ice coordination and body awareness. Skaters will be introduced to new techniques suitable to their individual level.

- Our 7:40pm session caters to younger players (min. 6 years old) looking to further develop their basic skating skills. Skaters must be able to skate the length of the rink either forward or backward and must be able to stop on command. Skaters MUST have passed CanSkate Stage 5 (or higher).
- Our 8:40pm session is for skaters at least 8 years old. This session is for the more advanced skaters playing rep hockey (or are aiming to do so). Skaters must be able to perform forward and backward crosscuts, and be able to stop in both directions.

All power skaters must wear full hockey equipment (CSA-approved). Bring a hockey stick — it will be incorporated into many drills.

Guest Skating/Alumni

Current Skate Canada Members at the Intermediate level or above may buy guest passes at \$25 per session for a maximum of 6 sessions per year. Pre-registration and pre-payment is required. MSC Alumni (minimum of Senior qualifications) who have moved out of town for work or to attend post-secondary school may receive 6 guest passes per season for a reduced fee of \$125.

Add a Session

Current MSC Members at the Intermediate level or above can "add a session" to their usual weekly schedules by paying a fee of \$10 per additional single session. Skaters must be qualified for the session they are adding, and <u>space must be available on the session requested</u>. Pre-registration and pre-payment in full is required. Max. 6 "add on" single sessions per year.

Ticket Ice

Ticket ice refers to ice time available to MSC skaters outside our regular session schedule. Skaters who would like additional practice time need to *book this time in advance with their private coach*.

Ticket ice times for the spring 2017 season are: Monday 12pm-1pm, Tuesday 3pm-4pm and Wednesday 3pm-4pm. Ticket ice times are subject to cancellation from time to time, so check with your coach before arriving – he/she can confirm whether the ice is still available. All skaters must ensure, before skating, that their coach will be in attendance throughout the time they are on the ice.

NEW PAYMENT SYSTEM THIS YEAR: Ticket ice must be booked in advance through the office, and you must have a physical paper ticket before you step on the ice. Tickets may also be purchased online from our website. Tickets are \$10 for a single session, or you may purchase a book of 5 tickets for \$40. Non MSC-skaters (guest skaters) must be current Skate Canada members, and may use MSC ticket ice at \$25/session.



SCHEDULES

While every effort is made to ensure that schedules for all programs are fair and equal, holidays, special events and testing may affect sessions; please consider the list of Key Dates (p.8) when choosing your sessions. Times and schedules are subject to change. Whenever possible, notices will be emailed to members, posted on the MSC website, and posted in the arena lobby.

1) ON-ICE TRAINING

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:10-5:10	4:10-5:20	4:10-5:10	4:10-5:30	4:10-5:10	8:10-9:20
Senior	Adv/Silver/Gold	Adv/Silver/Gold	Senior	Advanced	Intermediate
5:20-6:10	5:30-6:30	5:20-6:20	5:40-6:30	5:10-6:10	9:20-10:30
Pre/CanSkate	Senior	Intermediate	Pre/CanSkate	Intermediate	Senior
6:20-7:20	6:30-7:30	6:20-6:50	6:30-7:20	6:20-7:10	10:40-11:30
Intermediate	Intermediate	PEP/Rising Stars*	Pre/CanSkate	Pre/CanSkate	Pre/CanSkate
7:20-8:20	7:40-8:30	7:00-8:00	7:30-9:00	7:10-8:00	11:30-12:20
Advanced	Power	Senior	Adv/Sil/Gold	Pre/CanSkate	Pre/CanSkate
8:30-9:30	8:40-9:30	8:00-9:00	9:10-10:00	8:10-9:00	12:30-2:00
Silver/Gold	Power	Adv/Silver/Gold	Adult/Teen	Silver/Gold	Adv/Silver/Gold

^{*}PEP (Performance Enrichment Program) and the Rising Stars program both include 30 minutes of off-ice training either before or after the on-ice class on Wednesdays. When you register, please indicate which off-ice session (before or after skating) you will take.

2) FITNESS TRAINING & JUMP CLASSES

At MSC we are committed to giving our skaters the best training possible. To demonstrate our belief in the benefits of training "beyond the ice", we are continuing our off-ice fitness training and off-ice jump classes. Designed to reduce risk of injury, build a strong muscular foundation, and maximize skating potential, this training will help skaters handle the physical demands of figure skating, including jumps, spins and longer programs.

Monday & Thursday Fitness Classes: MSC fitness classes are led by Linda Daniel, a Certified Athletic Therapist who has been working with athletes for over 25 years. She personalizes her classes to the abilities and needs of each group, and is a welcome addition to our training team. Every skater at the Intermediate level and up may take one free fitness training session free of charge for the duration of the year. Sign up online when you register for on-ice sessions. Additional classes may be taken for just \$21 for the season.

Friday Jump Classes: Off-ice jump classes are offered on Fridays, and are taught by our professional MSC coaches. Focus is on core strength, power, balance and flexibility exercises specific to jump technique. Off-ice jump training is expected to help skaters progress on-ice at a faster pace. Jump classes are only \$21 for the season.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitness Class #1		PEP/Rising Stars	Fitness Class #4	Jump Class #1	
(Senior/Int)		Off-Ice #1	(Senior/Int)	4:30-5:00	
5:25-6:10		5:40-6:10	5:40-6:30	(\$21)	
Fitness Class #2		PEP/Rising Stars	Fitness Class #5		
(Senior/Int)		Off-Ice #2	(Adv/Silver/Gold)		
6:25-7 :15		7:00-7:30	6:30-7:20		
Fitness Class #3			Fitness Class #6	Jump Class #2	
(Adv/Silver/Gold)			(Adult)	7:45-8:05	
7:30-8:20			8:00-8:50	(\$21)	

One fitness class per week is included in fees; maximum 20 students per class. Jump classes are an additional \$21 for the season; maximum 12 students per class. PEP/Rising Stars off-ice training is included in program registration fees, and choice of off-ice class time MUST be indicated at time of registration.



As with on-ice programs, session space is allocated on a first-come first-served basis. We recommended you register for your fitness and jump training while registering for your on-ice sessions. Skaters must attend the fitness session for which they are registered; drop-ins to other classes for missed lessons cannot be accommodated.

SCHEDULE BY PROGRAM

	Pre-CanSkate & CanSkate	Monday 5:20-6:10*
	(Pre/Can)	Thursday 5:40-6:30*
	(1.15) 52.1.)	Thursday 6:30-7:20*
		Friday 6:20-7:10*
		Friday 7:10-8:00*
		Saturday 10:40-11:30*
		Saturday 11:30-12:20*
	Intermediate (Int)	Monday 6:20-7:20
		Tuesday 6:30-7:30
		Wednesday 5:20-6:20*
		Friday 5:10-6:10*
		Saturday 8:10-9:20*
	Senior (Sr)	Monday 4:10-5:10*
(B		Tuesday 5:30-6:30
Ž		Wednesday 7:00-8:00
Z		Thursday 4:10-5:30
ON-ICE TRAINING		Saturday 9:20-10:30*
<u>E</u>	Advanced	Monday 7:20-8:20
H		Tuesday 4:10-5:20 (with Silver/Gold)
Ť		Wednesday 4:10-5:10 (with Silver/Gold)
Z		Wednesday 8:00-9:00 (with Silver/Gold)
		Thursday 7:30-9:00 (with Silver/Gold)
		Friday 4:10-5:10
		Saturday 12:30-2:00 (with Silver/Gold)
	Silver/Gold	Monday 8:30-9:30
		Tuesday 4:10-5:20 (with Advanced)
		Wednesday 4:10-5:10 (with Advanced)
		Wednesday 8:00-9:00 (with Advanced)
		Thursday 7:30-9:00 (with Advanced)
		Friday 8:10-9:00
		Saturday 12:30-2:00 (with Advanced)
	Power	Tuesday 7:40-8:30
	A 1 11/5	Tuesday 8:40-9:30
	Adult/Teen	Thursday 9:10-10:00
	PEP/Rising Stars	Wednesday 6:20-6:50* (plus off-ice either before or after skating)

*Office staff is available during part or all of these sessions. See p.1 for full office hours.

NOT ALL OFFICE HOURS ARE ON LOCATION AT MT. JOY ARENA WHERE SESSIONS TAKE PLACE.

Skaters must attend their session on the same day each week.
Walk-ons and drop-ins cannot be accommodated.
No make-up days are provided for missed lessons.



SESSION FEES

	Number of Sessions/Week		C		
Session	1	2	3	4	5
Pre-CanSkate	\$130	\$225	\$315		
CanSkate	\$145	\$250	\$350		
Intermediate	\$165	\$285	\$400	\$425	\$450
Senior/Advanced/Silver/Gold (min. 2 sessions/week)		\$320	\$440	\$465	\$490
PEP/Rising Stars (must <u>also</u> take at least 1 other session; includes 30 minutes off-ice training)	\$105				
Adult/Teen	\$170				
Power	\$180	N/A			
Off-Ice Jump Class	\$21	\$42			

FORMS OF PAYMENT

- All fees for spring sessions must be paid in full at time of registration (no instalment payments).
- Cash or Cheque: Accepted through in-person registration only (no online option).
- Visa/MasterCard: Accepted online or in person.

Session choice cannot be confirmed until payment is made in full.

All skaters wishing to participate in private coaching, Skate Canada testing, or competitions of any kind must be a "Member in Good Standing" (i.e. all fees paid in full) and must have enrolled in an appropriate MSC program with the minimum required days of skating.

SKATE CANADA FEE

All skaters in Skate Canada-sanctioned clubs are required to pay an annual Skate Canada Membership fee of \$35.65, which will be applied at time of registration if you have not already paid this fee for the current year. *That is, if you skated with MSC in Fall/Winter 2016-17, your Membership is valid until August 31st, 2017; this fee must be included if you did NOT skate the FallWinter session).*

FAMILY DISCOUNT/PROGRAM ASSISTANT (PA) DISCOUNT

Families with 2 skaters at MSC will receive a 2.5% discount on total membership fees. Families with 3 or more skaters at MSC will receive a 5% discount on total membership fees. All skaters accepted into the Program Assistant program will receive a discount on their fees. (Discounts do not apply to Skate Canada membership fee).

CANCELLATIONS/REFUNDS

A \$35 fee will be charged for any membership cancellations. Cancellations are only accepted prior to the start of skating. Skate Canada fees are not refundable. There are no session fee refunds except for medical reasons, if supported by a doctor's note and approved by the MSC Board of Directors.

NSF CHEQUES / RETURNED PAYMENTS

A \$45 fee will be levied for returned payments, which must be replaced with a certified cheque or other guaranteed form of payment. Replacement payment must be received within 14 days to continue membership with MSC.

NON-MEMBER REGISTRATIONS

Since many of our programs are at capacity, MSC Member registrations will be accepted prior to "non-member registrations". That is, in order that enough sessions are available for MSC Members, any skater who is registered with an alternate club as their "home club" will not be permitted to register for sessions until after initial registration is complete (April 3rd, 2017). All non-member registration requests will be reviewed on an individual basis by the MSC Board of Directors on April 4th, 2017. It is expected that such requests will be granted, providing there is capacity on the sessions requested. Requests are reviewed and space granted in the order they are received.



CODE OF CONDUCT/ANTI-BULLYING POLICY

All skaters/guardians must read and agree to adhere to the MSC's Code of Conduct before registration will be considered complete. Copies are available at the MSC office, or you can download it from our website.

We are proud to have taken a strong stance on bullying, and we expect all our skaters and parents to adhere to the Skate Canada policy on bullying, to ensure a warm and welcoming place for children, teens and parents. A link to this policy is also available on our website.

SAFETY

Skate guards are to be worn at all times unless you are on the rubber mat at the rink entrance or on the ice. This is not only a safety regulation but also a sensible practice to protect your skate blades. Please use the dressing rooms for changing before and after lessons and keep the lobby free of skating apparel.

PROGRAM ASSISTANTS

MSC offers a wonderful opportunity for skaters to assist our Professional Coaches as Pre-CanSkate and CanSkate Program Assistants (PAs). Skaters are eligible to be a PA if they are registered on the Intermediate session AND are 10 years of age or older. High school students are able to allocate these volunteer hours toward their Community Involvement requirements. In addition, Program Assistants receive a discount on session fees (see p.6 for details).

NOTE: PA hours are to be scheduled when you register for your sessions. Please contact Tammy Dawson at tammy.dawson@bell.net if you have questions about the PA program.

VOLUNTEER OPPORTUNITIES

Markham Skating Club is a non-profit organization run by dedicated and hard-working volunteers. To ensure continued success, all members are encouraged to join our volunteer community. Individuals can donate time, energy and expertise at every level, from helping for a couple of hours at one test day to joining the Board of Directors. Every bit counts!

To join our MSC volunteer team, please email us at info@markhamskatingclub.com

COSTUME AND DRESS RENTAL - "THE LOFT"

Costumes, test dresses, competition outfits and more, all available for rent at extremely reasonable prices through the Markham Skating Club rental business known as "The Loft". <u>Test dresses are available to Club members for a flat rental rate of only \$15 each!</u>

Come see the fabulous new costumes just received! We have hundreds of outfits for adults and kids; colourful skating dresses, Disney characters, medieval, western, fantasy, Wizard of Oz, genies, pirates, 1920s, through 1980s themes, flapper dresses, tuxedos, poodle skirts, international costumes, animals, birds, fish, flower costumes, top hats, fedoras and more!

Our costumes are ideal for dance recitals, skating tests and shows, parades, theatrical productions, masquerades, school plays, Halloween and theme parties.

The Loft is open by appointment only; call 905-294-0673 or email costumes@markhamskatingclub.com.



KEY DATES

Equity among programs is considered when our schedule is created, but please consider these dates when choosing your schedule. Times and schedules are subject to change; whenever possible, notices will be posted on the MSC website, emailed to members and posted in the arena and on social media. Be sure we have your correct email address!

February 2017	Saturday February 18 – Family Day weekend (yes, there are sessions on SATURDAY)		
	Monday February 20 – Arena closed for Family Day (no sessions on MONDAY)		
	Tuesday February 21 – Spring session registration opens at 6pm		
March 2017	Monday March 13-Saturday March 18 – March Break (yes, there are sessions!)		
	Saturday March 25 – Club Competition (no sessions)		
	Wednesday March 29 – Assessment Day (no sessions)		
	Thursday March 30 – High Test day (no sessions)		
April 2017	Saturday April 1 – Last day of fall/winter session		
	Monday April 3 – Spring session starts		
	April 8 – New skaters: Pre-CanSkate and CanSkate information sessions		
	Friday April 14-Monday April 17 inclusive – Easter weekend (no sessions)		
	Saturday May 6 – Annual Spring Awards Banquet (evening)		
May 2017	Saturday May 20-Monday May 22 (inclusive) – Victoria Day weekend (no sessions)		
	Wednesday May 24 – Assessment Day (no sessions)		
	Thursday May 25 – High Test Day (no sessions)		
	Saturday May 27 – Last day of spring skating		
June 2017	Tuesday June 13 – Annual General Meeting		

PROFESSIONAL COACHING STAFF

At MSC we are very proud of our coaching team. Many of our coaches have been national champions and international competitors, and all are N.C.C.P. Certified members of Skate Canada. These professionals coach both male and female skaters of all levels of ability and experience, from "learn to skate" programs through gold levels. Private lessons with a professional coach are a very important aspect of your child's skating development. Please feel free to contact the coach of your choice directly for further information. We highly recommend every one!

Ashlea Brittain	905-925-8925
Derek Brittain	905-903-8038
Michele Britten	905-640-8488
Candice Glover	647-223-8967
Don Godfrey	905-717-5905
Darcy Guddat	905-294-2485
Rodolfo Guilherme	416-318-8362
Brandon Herdman	416-559-2696
Tracey Jones	905-721-1921
Karolina Mazur	416-803-4092
Mackenzie Ralph	905-591-0046
Travis Sherriff-Clayton	289-221-2646
Deborah Botticella	CanSkate coach
Nicole Brittain Gilbert	CanSkate coach
Kaitlyn Campbell-Merriam	CanSkate coach
Michelle Egli	CanSkate coach
Kaitlyn Sims	CanSkate coach
Abigail Siu	CanSkate coach



BOARD OF DIRECTORS

These hardworking volunteers not only oversee the general governance of the Markham Skating Club, but also roll up their sleeves to bring you all the programs, events and everything else that makes MSC the club you know. At least one of these people is at the arena every day we are in session; introduce yourself and get to know your board! They would love to meet you, too.

Dave DeKort	President
Shawna Sheldon	Vice-President, Coach Liaison & Test Co-Chair
Sandra Churchill	Past President
Peggy Watt	Treasurer
Aileen Wong	Secretary & Competition Coordinator
Howard Abe	Skating Programs Coordinator
Shannon Bertuzzi	Fundraising Coordinator & Test Co-Chair
Tammy Dawson	Program Assistant Coordinator
Jackie Macdonald-Bartkiw	Ice Show Coordinator
Dianne McGean	Club Events Coordinator
Maureen Patterson	Communications Coordinator
Sue Toubiah	Registration Coordinator
Pete Vanslyke	Property Manager

IMPORTANT – WE NEED TO CONTACT YOU!

Staying subscribed to email from MSC is vitally important. <u>Schedules do change from time to time, and we need to keep you updated</u>. If you do not have access to email, please be sure to regularly check our website, our social media channels or the bulletin board in the arena lobby.

Markham Skating Club • P.O. Box 77055 • Markham • ON • L3P 0C8 905-472-6982

www.markhamskatingclub.com email: info@markhamskatingclub.com

